



## **SPECIALTY CLINICS**

Residents provide patient care in the following specialty clinics under the direct, one-on-one supervision of a faculty member.

### **BEHAVIORAL HEALTH CLINIC:**

The Behavioral Health Clinic provides the full range of mental health services, including counseling and medication management, to patients at the Family Medicine Center. Services are provided by resident physicians under the supervision of a licensed psychologist and board certified family physicians. Depending on the nature of the concerns, counseling may be conducted on an individual, couple/marital, or family basis. Some common concerns addressed in the clinic include: depression, anxiety, bipolar disorder, panic disorder, ADHD, child behavioral management and marital and family concerns.

### **FAMILY PLANNING CLINIC:**

Family Planning offers our patients comprehensive care for all women's health issues. Our physicians provide compassionate, confidential care for sensitive women's health issues including testing for sexually transmitted infections. Longer appointments allow for thorough patient counseling as well as management of all preventative women's health services. Additionally, Board Certified Gynecologists are available for immediate consultation when needed. Family Planning services include: annual gynecological exams including – Pap smears and breast exams, management of preventative women's health services including mammograms and bone density testing, screening and treatment of Sexually Transmitted Infections, contraception management including, oral contraceptives, IUDs, and Depo-Provera.

### **GERIATRIC CARE CLINIC:**

The Geriatric Care Clinic provides a range of services that focus on the special needs of older adults. These services include, but are not limited to:

- Welcome to Medicare Preventive Visits
- Medicare Annual Wellness Visits
- Medication Reviews
- Dementia Screening
- Functional Assessments
- Depression Screenings
- Immunization Updates
- Discussion of Advanced Directives

Our faculty geriatrician works in coordination with the residents to provide high quality care specific to the needs of each individual patient.

### **GYNECOLOGY CLINIC:**

The Gynecology Clinic offers our patients comprehensive gynecological care for women of all ages. Our physicians provide compassionate, confidential care for sensitive women's health issues. Longer appointments allow for extensive patient counseling as well as the performance of many minor gynecologic office procedures. Additionally, all appointments are supervised by experienced Board Certified Gynecologists allowing for immediate surgical consultation when necessary.

### **OMT CLINIC:**

Osteopathic manipulative treatment, or OMT, is hands-on care. It involves using the hands to diagnose, treat, and prevent illness or injury. Osteopathic manipulative treatment is appropriate for patients of all ages. OMT can be used to treat patients with a variety of problems including: ankle sprains, back pain, abdominal pain, carpal tunnel syndrome, URIs, CHF, constipation, ear infections, headaches, knee pain, neck pain, dysmenorrhea, rib pain, shoulder pain, sinus infections and TMJ.

### **PODIATRY CLINIC:**

The Podiatry Clinic operates to provide comprehensive foot care for patients of all ages. Staffed by board certified podiatrists, the Podiatry Clinic allows patients more timely and convenient access to foot care. A variety of conditions are addressed including: diabetic foot care, complete nail care, heel pain, bunions, hammer toes, corns/callouses, warts and flat feet.

### **PRENATAL CLINIC:**

The Prenatal Clinic offers comprehensive prenatal care by Family Medicine physicians supervised by experienced Board Certified Obstetricians. Physicians are available 24 hours a day to answer questions or manage any emergency. Labor and Delivery care is provided in the modern LDR (Labor/Delivery/Recovery) suite at Heritage Valley Beaver. Immediate postpartum care and outpatient follow-up is provided as well. In addition to your prenatal care, our expert physicians are available to care for your baby at our same convenient location.

### **PROCEDURE CLINIC:**

The Procedures Clinic operates to provide patients access to clinical procedures that can be performed in the physician office setting. Performing procedures at the Family Medicine Center gives patients more timely access to care without having to go to the hospital or wait to see a specialist. Among the procedures performed at the Procedure Clinic are: skin biopsy, cyst removal, mole removal, skin tag removal, ingrown toenail removal, laceration repair, abscess - incision and drainage, joint and bursa injections, cryotherapy (freezing) of skin lesions, injections to minimize acne or keloid scars, trigger point injections for chronic muscle spasms, and IUD insertion and removal.

**ADDITIONAL PATIENT RESOURCES:**

In addition to the above Specialty Clinics where care is delivered by resident physicians, the Family Medicine Center also provides the following services for our patients:

- Diabetic Nurse Educator
- Registered Dietician
- Group visits for diabetes and asthma
- Lab draws
- X-rays